



APRIL POOLS SWIM MEET
Saturday, April 15, 2012 · Jenks Aquatic Center
Warm-up: 9:00 to 9:45 am. Meet starts at 10:00 am

Hosted by Tulsa Masters Swim Club.
Sanctioned by OMS for USMS, Inc. Sanction No. 27-12-191

Directions: Jenks High School 116B E. Main St Jenks, OK 74037. From the North via U.S. Hwy 75. Take U.S Hwy 75 S. Keep right to take U.S 75/Cherokee Expressway. Merge onto I-244 west via the exit on the left towards OKC. Keep left to U.S Hwy 75 South via exit 2 towards Glenpool/Okmulgee. Take the exit towards Main St/ Jenks. Turn left on 1st Street.
From the South. Via U.S Hwy take Hwy 75 North. Exit onto the Creek Turnpike heading East. Take the Jenks/ Elm St exit. Turn left at the stoplight, go straight till reaching Main St. Turn right onto Main St. Turn left on 1st Street.

Facility: Excellent, 25-YARD, indoor, 8-lane pool with non-turbulent lane lines. Continuous warm-up and cool down lanes will be available during the meet. Pool length has been certified.

Eligibility: The meet is open to all current USMS registered Masters swimmers age 18 or over as of December 31, 2012. USMS registration is available online at www.usms.org/reg. Registration will also be available at the meet.

Conduct of Meet: The meet will be conducted under 2012 USMS rules, including the no-false-start rule (USMS 103.8.6), and the Swimwear rule change effective 1/16/10 (USMS 102.14). The meet will be deck seeded slow to fast by time only. Entrants without seed times will be placed in the slowest heat. All events will be timed finals.

Timing: Electronic timing will be used with watch backup.

Entry Limit: Each swimmer may participate in a maximum of 5 events plus relays.

Entry Fee: Pre-entry fee is \$20 if received by Wednesday, April 6, 2012.

Mail to the meet director: Denise Freisberg, 2703 S.Birmingham PL Tulsa OK 74114
Phone: 608-354-3622.

Deck entry fee is \$25. Deck entries close at 9:30 am the day of the meet.

Make entry checks payable to Tulsa Masters Swim Club. To pre-register, mail your check, entry form & a **copy of your 2012 USMS registration card** to the meet director. All deck entries will be required to show their 2012 registration card before the start of the meet. **You can print a copy of your USMS card at https://www.clubassistant.com/club/usms_member_card_request.cfm.**

Results: Will be emailed and posted online at www.okswim.org
Details regarding the Social will be available soon.

Provide a copy of your 2012 USMS card with your entry! If deck entering, bring a copy of your 2012 USMS registration card.
Print a copy of your USMS card at https://www.clubassistant.com/club/usms_member_card_request.cfm.



TULSA MASTERS 2012 APRIL POOLS SWIM MEET ENTRY FORM
Sanctioned by OMS for USMS, Inc. Sanction No. 27-12-191

Name (EXACTLY as it appears on your registration card): _____

Birthdate: _____ Sex: M F USMS Reg#: _____

Swim Club _____ Phone: _____ - _____ - _____

Email: _____

Address _____

City _____ State: _____ Zip: _____

ORDER OF EVENTS Meet starts at 10:00 am, April 15th, 2012.

Table with 4 columns: Event, Entry Time, Event, Entry Time. Lists 20 swimming events such as 400 yd FREE, 200 yd BREAST, 50 yd FLY, etc.

* You may enter EITHER the 1000 yd or the 1650 yd Freestyle.

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (Rule Book Article 203.1)

Signed _____ Date _____

Early Entry Fee (received by April 6, 2012): \$20 _____ Deck Entry: \$25 _____

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